



MEETING MINUTES - JEFFERSON COUNTY DRUG PREVENTION COALITION (aka: P.R.I.D.E.)

Date: Wednesday, January 4, 2017 / 9:00 – 10:30 a.m.

Location: Windsor's PDC Room in Windsor's Intermediate Bldg (corner of Hwy 61-67 & Windsor Harbor Rd.)

Attendance: Brian Caplinger, Faith Community Church; Gabby Ayers, COMTREA; Jillian Bissell, JCDPC; Kristin Bengtson, NCADA; Sgt. Zachary Chand, USArmy; Linda Hardgrave, JCDPC; Amy James, Mercy Hospital; Jaime McCarthy, Mercy Hospital; Alicia Towery, JCDPC; Chris Wilburn, CVS; Lindsey Thomas, Walgreens; Tonya Brewer, community member; Elizabeth Makulec, KUTO; Emily Mangi, NCADA; Morgan O'Conner, JCHD; Cynthia Weber, Centerpointe; Jennifer Younce, Windsor C-1; Chuck Colson, JCHD; Brianne Zweiner, JCHD; Sophi Emery, JCHD; Denise Strehlow, DJC

1. OPENING

- a. Call to Order (9:05)
- b. Welcome and Introductions
- a. Approval of Minutes - **Approved (Motion: Brian, Second: Elizabeth)**

2. Acknowledgments/Accomplishments:

Cynthia from Centerpointe set out brochures for their new 4 week program. She also brought her old meds to a police station disposal site and worked well! Over 2000 pounds of returns have been collected. Just added a drop box to Hillsboro. The budget for Drug Free was submitted and approved so there is additional money for training and alcohol compliance checks. Alicia went to the coalition networking meeting. Other coalitions will help bring Tall Cop to St. Louis with approval of carryover. Grant application for Drug Safety media campaign has been submitted. Jillian had a medication safety chest showing how meds look a lot like candy. This chest was the inspiration for the media campaign.

3. TRAINING/GROUP DISCUSSION:

Topic: Advocacy (NCADA) Kristen Bengtson

- ***Need to advocate at state and local levels***
- ***Talk to kids a lot about advocacy but make sure to simplify it***
- ***Compile your arguments and let your representatives know what is happening in their backyards***

- *Need to know your district number and personal representatives*
- *Representatives will make time for their constituents*
- *They cannot be an expert in everything (they don't have the background in everything they will be voting on) so they rely heavily on the experts*
- *Need to start a relationship with them now and all year long- not just at the last minute when the issue is going to a vote*
- *Email them to meet with you*
- *Kristen had a handout on "Tips to talking to your legislator"*
- *Be sure to make conversations personal so they can relate*
- *Legislation Priority handout- talk about the community coalitions at the state level as well; need the support*
- *May want our coalition to email our reps after more info on the different bills come out*
- *TAB members plan to write letters several times per year to our reps. The coalition should also!*
- *Need consistency with info to our reps so we are not just the "flavor of the day"*

4. Reports

- a. Volunteer Sign-up Sheets: *Sheets were passed for several events. See calendar for list of events.*
- b. Executive Board: *Brian-new logo is close to being finished; purchased several domains to all link to the current PRIDE website; Executive Board meeting to talk about sustainability; still looking for additional Board members*
- c. Teen Advisory Board (TAB)/JMCF Youth Leadership Development Grant: *Alicia held the Teen Baseline Retreat for them yesterday (provided by NCADA); CADCA Forum 2/5-2/9; 2 students gave presentations on medication safety and will be trainers at CADCA on the topic; new shirts and pens for TAB*
- d. Drug Free Communities:
 - d.i. *A pharmacist friend contacted Jillian about a "wish list" of local resources for treatment, hotlines, AA contacts, rehabs, etc. Discussion on how we could help. May be good for us to have a link on our website to resources, or business cards, or brochures. Next month potentially have a workgroup to gather all of the resources to store electronically and business card for law enforcement. Liz Barton with American Addiction Centers, 314-413-4080*
 - d.ii. *Narcan available for free to police, NCADA has a grant for training them but will need a plan for replenishment of the product*
 - d.iii. *Excess money raised from "Ride against Heroin" could potentially be used to help purchase Narcan or replaced expired Narcan in the future- will work with Missouri Network to help determine if the money is still available.*

Rockwood school district has Narcan- Kristen will see how they are purchasing, administering, etc.

e. MODOT has grants so Jillian and Alicia will attend the meeting

f. State of the County breakfast in February-you can meet with representatives one-on-one

5. Work Group(s): ***Efficacy Training***

6. Life story from Tonya Brewer:

Talked about how addiction has affected her life. The loss of her mother resulted from taking pain meds after being released from the hospital still having morphine in her system.

- *Discussion of lack of resources for help*
- *Pain management physicians' excessive prescribing habits*
- *Rules and regulations from the MO Board of Pharmacy for dispensing meds*
- *Limits on quantity of the meds the pharmacies can order each month*
- *DEA and BNDD roles in the drug prescribing process*
- *"Bad doctors" prescribing opioids for those who don't need it*
- *FDA limiting amount of the drugs manufactured for 2017*
- *Education piece for physicians is needed*

7. ADJOURNMENT (10:45 a.m.)

NEXT MEETING:

Date: Wednesday, February 1st, 2017

Location: Windsor's PDC Room

Training Topic: **Need training topic**