



J.C.D.P.C.

Jefferson County Drug Prevention Coalition

MISSION STATEMENT

"Motivating Jefferson County to change the culture of substance abuse acceptance."

VISION STATEMENT

"Empowering our community to make substance abuse prevention a priority; celebrating healthy lifestyles."

MEETING MINUTES: Wednesday, June 6, 2018 from 9:00 a.m. – 10:30 a.m. in Windsor's PDC Room

Attendance: JR Petersen, Community Member; Kristin Charlesworth, Care Connections; Katie Anderson, Crisis Nursery; Carrie Ward, Footprints to Recovery; Michael McIntosh, Pharmax; Christin Greenlee, Windsor C-1; Kristin Bengtson, NCADA; Morgan O'Connor, JCHD; Lori Epley, Children's Division; Trisha Stefanski, Jeffco PA; Jessica Boehm, Crisis Nursery; Jillian Bissell, JCDPC; Alicia Towery, JCDPC; Amy James, Mercy; Jamie McCarthy, Mercy; Jerry Williams, JCSO; Terri Ferguson, Arnold Food Pantry

1. OPENING (10 min.)

- a. Call to Order
- b. Welcome and Introductions
- c. Approval of Minutes **Motion: Amy James , 2nd: Jerry Williams**

2. Acknowledgements/Accomplishments – JCDPC's Star Wars event/Spring fundraiser was a success (over 200 in attendance and raised over \$2,300); Drug Awareness Night at Immaculate Conception (Trisha Stefanski organized and Stephen Sutler & Mona Hunt gave presentations); Contacted by pharmacy student at High Ridge Schnucks Pharmacy to do community service project (brochure to educate on safe disposal & collected 10 lbs at Rx takeback yesterday); Stephen Sutler got married on Monday

3. TRAINING/GROUP DISCUSSION (20 minutes):

Topic: "Care Connections" (Kristin Charlesworth) – Kristin is Director of Care Connections. In partnership with St. John's Lutheran in Arnold. Funded by the Lutheran Foundation so can provide services to those outside of Jefferson County. Second Thursday is Care Coordination and they offer walk in services to find strengths and needs of the client. It is an intensive case management program. Look at 5 areas of health to make goals- financial, mental health, spiritual, physical health and relationships. To help give a support system and have people take responsibility for their actions. If a community partner contacts them and it isn't the 2nd Thursday of the month, they get that person on the schedule. There is no timeline on how long they keep the client. Care Connections also has grief support groups, Parenting a Second Time Around- geared towards grandparents who are raising kids after their own are grown (someone else's kids or grandkids). Also offers cancer support groups. For Jefferson County residents there is free counseling through Lutheran family services. Strengthening Families is a parenting program to reduce child abuse and neglect (could be moms that are struggling or families struggling and maybe losing kids- Drug and alcohol discussion is included). Divorce counseling offered as well. There are different modules for parents of different age groups and they have parents and children separate except for certain activities to role play etc...

SJL.org/events shows all events and classes. Residents are encouraged to start classes from week 1 because the classes build but don't have to. If something needs to be completed for a certificate or ordered by court, must start at week 1.



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4. Reports (15 min.)
 - a. Executive Board- **Taking months of June & July off due to vacations; Will begin working on bylaws due to transition to JCHD; Will not do Spaghetti Dinner fundraiser – Star Wars event fit JCDPC’s mission better & raised more money.**
 - i. Voting of Executive Board member(s) – **Lori Epley w/ Children’s Division (votes were tallied and 9 voted “yes” and 0 voted “no” – Lori is now part of JCDPC’s Executive Board)**
 - b. Teen Advisory Board (TAB): **Youth Leadership Development Grant – Funding received through Jefferson Foundation totaling \$55,000 for the Youth Leadership Development in Drug Prevention program. Youth Drug Education Conference (YDEC) conference is a go for November 3rd- can find the sign up on our website: www.jeffcodpc.org/ydec and is \$25. This conference is for Jefferson County High School aged students. There will most likely be scholarships through NCADA. One TAB member is doing an internship at the Teen Institute in Dittmer (with NCADA). TAB will now have applications to try and gain more members. It is an honor to be a part of this group and you get to do all the things with TAB for free!**
 - c. Drug Free Communities –**Waiting on CARA grant (rx safety & education grant) to determine how to utilize DFC campaign funds (Notice of awards was supposed to be posted by the end of May); CADCA Mid-Year (Jillian, Alicia & 5 TAB members will attend July 15-19); “Live Healthy, Jefferson County” radio show is going well (last month’s discussion was Men’s Health); Anxious to begin moving items over to JCHD over the summer months as soon as office location is confirmed**
5. IMPORTANT UPDATES (15 min.)
 - a. General Coalition –
 - b. Partners – **NCADA - Youth Mental Health First Aid Training (July 16th in Jefferson County). Also offering a SAPST(MPS) in October and will have flyers at the next coalition meeting .**
 - c. Work groups
6. Work Group(s) (30 min.)

Topic:

 - Resource List for Jefferson County Schools (Christin Greenlee)
 - **Stemmed from Jillian’s conversation with Christin when reaching out to find help for a friend’s daughter that is suicidal.**
 - **Dr Holland has tasked Christin with coming up with a list of resources for the district**
 - **Jillian gave picture of Jefferson College’s ID cards with resources listed on the back – He will look into it and possibly seek School Board approval to have it added to Windsor’s IDs.**
 - **Sandy Davis (COMTREA/Jefferson College) shared resources that they use & flyers for 3 groups COMTREA provides**
 - **Elizabeth Makulec (KUTO) shared their updated “Helpers in Your Community” form & offered to customize KUTO’s Peer Helper Team training module to meet the school’s needs/expectations**



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(this training gives students/volunteers some skills to feel more confident reaching out to other students)

- **Join-In is supposed to be releasing their first print copy of their list in 10 years and will be updating the online version.**

7. ADJOURNMENT (10:30 a.m.)

10:30 – 11:00 Networking Opportunity offered at end of meeting

NEXT MEETING:

Date: Wednesday, **July 11th**, 2018

Location: Windsor's PDC Room

Training Topic: "St Louis Crisis Nursery – Jefferson County" (Jessica Boehm)