



J.C.D.P.C.

Jefferson County Drug Prevention Coalition

MISSION STATEMENT

"Motivating Jefferson County to change the culture of substance abuse acceptance."

VISION STATEMENT

"Empowering our community to make substance abuse prevention a priority; celebrating healthy lifestyles."

MEETING MINUTES: Wednesday, September 5, 2018 from 9:00 a.m. – 10:30 a.m. in Windsor's PDC Rm

Attendance: Jillian Bissell (JCDPC); Alicia Towery (JCDPC); Kristine Bogue, Jefferson College; Beth Hudson, Encounter Recovery Services; Kristin Bengtson, NCADA; Morgan O'Connor, JCHD; Jamie McCarthy, Mercy; Elizabeth Makulec, KUTO; Stephanie Franklin, Rock Township; Erin Lakebrink, Presbyterian Church; Meagan Bowers, MADD; Katie Prendergast, Comtrea; Leah Woods, CenterPointe; Tiffany Burke Comtrea; Laura Bilsland, Comtrea; Heather Craig, NCADA; James Espie, Treatment Court; JR Petersen, Community Member; Cheryl Qualls, NA; Tracy Smith, JCCP; Trisha Stefanski, Jeff Co PA; Jerry Williams, JCSO; CPL Nelson, JCSO; Kate Reed, Rock Township; Rod Campbell, Comtrea; Tom DiMaio, NA

1. OPENING (10 min.)

- Call to Order
- Welcome and Introductions
- Approval of Minutes **Motion: Kristine Bogue, 2nd: Kristin Bengtson**

*****Passed around signup sheet for Opioid Epidemic Awareness Initiative & Jeffco Fire Engine Rally (both on Sept 29th)*****

- #### 2. Acknowledgements/Accomplishments – ***National Night Out (Byrnes Mill); Community Collaboration Meeting w/ JCDPC, JCHD & COMTREA to address opioid epidemic (looking for agencies to be around the table); Multiple Community Focus Groups in Jefferson County (facilitators= JCHD, Mercy, JFCAC & COMTREA); Jim Epsie started at the meals on wheels and went to 17 homes in 2 hours; Kristine Bogue shared that Jefferson College was awarded a grant for domestic violence and dating violence and will be hiring staff to manage that; Encounter Recovery Services is a new service for Jefferson County to help with recovery and treatment (run out of Cross Point Church in Festus but not a religious affiliation);***

3. TRAINING/GROUP DISCUSSION (20 minutes):

Topic: "Suicide Prevention" (Elizabeth Makulec) – There is a Suicide Prevention Conference on Friday Sept 14 at the Quality Inn in Festus. KUTO stands for Kids Under Twenty One. Missouri's suicide rate is one of the highest and suicide is the 10th leading cause in the US. As far as the means of suicide in Missouri, over 50% were completed by suicide. Twice as many people died by suicide than by homicide in Missouri. The community impact: one death by suicide affects over 200 people and these are the survivors of suicide. If people get into a crisis and get the help they need, they will probably never be suicidal again. Asking someone about suicidal intent lowers anxiety, opens up communication and lowers the risk of impact of suicide. Most suicidal people communicate their intent sometime during the week preceding their attempt. People who talk about suicide may try or even complete an act of self destruction. Suicide is one of the most preventable causes of death and almost any positive action can prevent that. Suicide prevention hotline: 1-800-273-TALK(8255). Text 741741: HELP. Suicide most often occurs when stressors exceed current coping abilities. If you sense



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that suicide might be possibility, ask about it and be persistent and empathetic. Livethroughit.org is a website of stories of survivors. If you have questions: elizabeth.makulec@KUTO.org or 314-963-7571

4. Reports (15 min.)

- a. Executive Board- ***Amended Bylaws to support merger with JCHD (sent to JCHD for their review and approval)***
- b. Teen Advisory Board (TAB)/Jefferson Foundation: ***YDEC is on November 3rd (this is for Jefferson County High School students)- if adults are interested they can volunteer. We only have 60 spots so we want to save those for the students. Can sign up by going to our website and we have postcards with the info to promote the conference. There are different speakers that are local and national, will be learning different things on drug prevention***
- c. Drug Free Communities – ***Cleaning office; final reports; reviewing budgetary documents with Windsor; Planning for JC DEC on October 18th; purchased 2 sharps disposal kiosks for JCHD Hillsboro & Arnold locations; Final purchases being made with DFC campaign funds (Talk About It Campaign materials); Resource table at Suicide Prevention Conference on September 14th; Upcoming Substance Use Prevention Conference at Lake Ozark on November 28th***

5. IMPORTANT UPDATES (15 min.)

- a. General Coalition –
- b. Partners – ***Youth Mental Health First Aid is on September 10th; Comtrea is utilizing the zero suicide model and will be focusing on the community this year for suicide prevention week and they sent toolkits to the high schools on suicide;***
- c. Work groups

6. Work Group(s) (30 min.)

Topic:

- ***Community Resource Material Distribution***

7. ADJOURNMENT (10:30 a.m.)

10:30 – 11:00 Networking Opportunity offered at end of meeting

NEXT MEETING:

Date: Wednesday, October 3, 2018

Location: **Jefferson College's Arnold Campus (Lecture Hall, Room 323)** Parking is always best to go to the back of the building and go in that door (address: 1687 Missouri State Rd., Arnold, MO)

Training Topic: "Great Circle Academy" (Chris Noll – Great Circle)