



J.C.D.P.C.

Jefferson County Drug Prevention Coalition

MISSION STATEMENT

"Motivating Jefferson County to change the culture of substance abuse acceptance."

VISION STATEMENT

"Empowering our community to make substance abuse prevention a priority; celebrating healthy lifestyles."

MEETING MINUTES: Wednesday, January 9, 2019

9:00 a.m. – 10:30 a.m. @ Jefferson College's Arnold Campus

Attendance: Kristin Bengtson, NCADA; Heather Craig, NCADA; Kristine Bogue, Jefferson College; Stephen Sutler, Community Member; Colt Williams, Community Member; Stephanie Franklin, Rock Township; Jeff Bogue, Probation and Parole; Leah Woods, CenterPointe Hospital; Terri Ferguson, Arnold Food Pantry; Chris Borgerson, Community Member; Kevin Koch, Walgreens; Sandy Davis, Comtrea/Jefferson College; Jamie McCarthy, Mercy Jefferson; Kate Reed, Rock Township; Jillian Bissell, JCHD/JCDPC; Alicia Towery, JCHD/JCDPC; Gary Dougherty, Byrnes Mill; Sara Evancho, BJC School Outreach; Holli Gillam, Probation and Parole; Rebecca Mills, Mercy Jefferson

1. OPENING (10 min.)

- a. Call to Order
- b. Welcome and Introductions
- c. Approval of Minutes **Motion: Terri Ferguson , 2nd: Kristin Bengtson**

2. Acknowledgements/Accomplishments – **JCDPC's award was showcased in the Leader on December 27th; Grant Bissell is new Public Information Coordinator with JCSO; Rock Township had a meeting with JCDPC and Liz Barton and are trying to be a distribution center for Narcan, pending board approval;**

3. TRAINING/GROUP DISCUSSION (20 minutes):

Topic: "Rescue Breathing" (Rock Township – Stephanie Franklin) – Described how Narcan works on opioid receptors. How can I help someone who might be overdosing? Call 911 and begin rescue breathing. Why do they need rescue breathing? Narcan can be injected or given by nasal spray. Narcan can take too long to save the person from having brain damage from oxygen getting to the brain. The results could be as little as a hard time concentrating all the way up to being in a vegetative state or even death. Use a CPR mask to combat the worry of doing mouth to mouth or even face shield. Pinch the nose when breathing, give a breath every 5 seconds. When the patient wakes or starts breathing on their own, you can stop rescue breathing. By doing rescue breathing on a person who is overdosing, you are saving a life even when Narcan is being used. Rock Township is working on giving out more resources and working to help this epidemic. They are working with St. Charles and the Opioid Task Force to create kits that can be given out to overdose patients and/or families of those who might need them. Rock Township would like to see a CPR mask being put into every kit. They are also working to get approval to be compliant with HIPPA and be able to reach back out to patients to see if they need more resources and are utilizing resources they are given.

4. Reports (15 min.)

- a. Executive Board- **Began planning for May 4th Fundraiser: VOLUNTEERS NEEDED!! Discussion will be held during work group at end of meeting.**
- b. Teen Advisory Board (TAB)/Jefferson Foundation: **Alicia and 5 youth to attend CADCA Forum; Held our Teen Advisory Board Retreat and kudos to NCADA for helping put this**



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on and giving presentations. Finalized their new PROM Campaign design. Will be working on ordering materials.

- c. Jefferson Foundation: Capacity Building Grant – **Funding is sending 4 adults to CADCA Forum (Jillian, Kristin, Lori & Beth); Scheduling advocacy training in November**
 - d. JCDPC – **Grant closeout documents were submitted a week prior to deadline; Sharps kiosks delivered to Arnold & High Ridge Health Departments- NOT operating yet (email will be sent out when ready for community members to use)**
5. IMPORTANT UPDATES (15 min.)
- a. General Coalition –
 - b. Partners – **Speak Hard for teens is coming up on March 13-14th. Youth stay in Jefferson City and they participate in a mini conference put on by ACT MO and then go to the capital to speak with their legislators. It gets them comfortable with talking to their legislators and how to do so.**
6. Work Group(s) (30 min.)
- Topic:
- **JCDPC's May 4th Fundraiser**
 - **Saturday, May 4th at Herculaneum City Park from 1pm-5pm**
 - **Various stations to be run by team leads (ex: Stage/Sound/Emcee; Food; Inflatables; Activities; Baskets)**
 - **What activities? List from GW Events. Suggested to have an inflatable obstacle course.**
 - **Working on a PSA contest. Winner's videos will be featured on the screen at the event.**
 - **Send out flyer when asking for volunteers**
 - **Could do a table on relieving stress and had kids making stress balls**
 - **Suggested to get the local PD involved- Bring a fire truck and their smoke house display for kids to see.**
 - **Look into getting the light up signs or better signage to get more people to attend just driving by**

7. ADJOURNMENT (10:30 a.m.)

10:30 – 11:00 Networking Opportunity offered at end of meeting

NEXT MEETING:

Date: Wednesday, February 13, 2019 – **NOT THE FIRST WEDNESDAY**

Location: **Jefferson College's Arnold Campus, 1687 Missouri State Rd., Arnold (Lecture Hall, Room 323)**

Training Topic: **"Care Connections" (Lauren Stone)**