

MISSION STATEMENT

"Motivating Jefferson County to change the culture of substance abuse acceptance."

VISION STATEMENT

"Empowering our community to make substance abuse prevention a priority; celebrating healthy lifestyles."

MEETING MINUTES: Wednesday, June 5, 2019 9:00 a.m. – 10:30 a.m. @ Jefferson College's Arnold Campus

Attendance: Jillian Bissell, JCDPC/JCHD; Alicia Towery, JCDPC/JCHD; Laura Bilsland, COMTREA; Tom DiMaio, NA; Kathi Arbini, MO Network; Leah Woods, CenterPointe; Gary Dougherty, Community Member; Lisa Uzzle, St. Louis Integrated Network; JR Petersen, Edward Jones; Rebecca Mills, Mercy; Jamie McCarthy, Mercy; Shelia Hunt, CenterPointe; Kristin Bengtson, NCADA; Doreen Page, Finding Grace Ministries; Bryan Richison, City of Arnold; Jaclyn Brown, JCHD; John Bendick, CenterPointe; Art Hickman, CenterPointe; Lauren Fischer, Christian Family Services; Jessica May, Renewed Strength Ministries; Tracy Carney, Renewed Strength Ministries; Ashley Gamino; COMTREA; Sara Evancho, BJC School Outreach; Megan Steighorst; JCHD; Melody Quinn, St. Louis County PD; Clinton Smith, Community Member; Cynthia Weber, American Addiction Centers; Holli Gillam, Probation & Parole; Sedona Turner, Christian Family Services

- 1. OPENING (10 min.)
 - a. Call to Order
 - b. Welcome and Introductions
 - c. Approval of Minutes- *Motion: Kristin Bengtson*, 2nd: Sara Evancho
- 2. Acknowledgements/Accomplishments Thanks to Kathi Arbini (MO Network) for providing breakfast this morning; MO Network will be opening their treatment facility in Dittmer on August 1st (Sana Lake) & recently received award from MO Dept of Mental Health; Star Wars May 4th event was a success (Raised approximately \$3,700 and about 350 people attended); NA held their 10th Anniversary event
 - 3. TRAINING/GROUP DISCUSSION (20 minutes):

Topic: "The Changing Pointe" (CenterPointe Hospital): The Changing Pointe is their residential arm. They have a continuum of care to try and meet the needs of individuals where they are in their recovery. It can start with detox and those that do are encouraged to continue care following detox. The 28-day treatment length is high encouraged but can do a 14-day residential treatment. There are 32 beds for residential. Dual diagnosis is also stressed and done at a different part of the hospital. After care and family services are offered. Aftercare is available to those who have completed a component of care and there is no cost to attend groups. The family services aspect offers family group and family meetings to help the strained relationships of those families of CenterPointe patients. MAT can be used. Free assessments.

The Stepping Stones program is for adolescents and can start as young as 12 years old and goes up to 17. Inpatient and outpatient are both offered in this program.

- 4. Reports (15 min.)
 - a. Executive Board- Lessons learned from May 4th event: Offer an attendance prize w/ raffle ticket to help track # of attendees, Schedule breaks at stations, consider activities that appeal to teens next year & keep event at First Baptist Church of Arnold; Planning for advocacy training in November



- b. Teen Advisory Board (TAB)/Jefferson Foundation: Awaiting the proactive portfolio decision (pushed back 2 months- Award letters go out on August 1st); Sending 7 youth & Alicia to CADCA Mid-Year; Meeting Monday was cancelled due to many being unable to attend
- c. Jefferson Foundation: Capacity Building Grant 6 month progress report submitted; CADCA Mid-year Institute @ Dallas in July- sending 5; Received approval to reallocate funds to help send an additional person to Mid-Year (only 4 were proposed in the grant originally); Beginning to plan for advocacy training in November
- d. JCDPC –Again, Star Wars event was a big success. Plan to write "Thank You" cards after work group if anyone can stick around for a few minutes; Reached out to law enforcement w/ Naloxone training opportunity offered (Jefferson College Campus Police & Pevely PD have both received approval & moving forward); Jefferson College received a stipend to host a Communities Talk event (alcohol focused) and asked JCDPC to be on planning group on October 15th following the Jefferson County Drug Education Conference; Jillian & Alicia to conduct a coalition sustainability webinar on June 26th for other coalitions
- 5. IMPORTANT UPDATES (15 min.)
 - a. General Coalition -
 - a. Heroin Awareness Walk (Sabrina Kuehner)- pass around sheet; potentially July 13 or 14th around West City Park in Festus; looking for speakers, volunteers & resources
 - b. Habibi Tobacco & Vape Shop in Arnold (Mr Bryan Richison- Arnold City Administrator)- Reputation for selling to minors; In the process of revoking their business license but it was because the city got lucky. Vape shops were thrown in their moratorium for medical marijuana and that business is operating in violation of that.
 - c. Update on medical marijuana from Arnold- putting in regulations that comply with the state but will use a shorter suggested distance so that they are not keeping them out of city limits. Businesses would basically be available go to commercial business areas like Arnold Commons; allow the growers in the industrial areas like near the AB can plant
 - d. Youth Drop-In Center in Jefferson County (Doreen Page- Finding Grace Ministries)- to be located at New Hope Methodist Church in Arnold & in planning process
 - e. CBD informational flyer developed by Rebecca Mills (Mercy)- created due to the increase of CBD in the ER
 - b. Partners -
- 6. Work Group(s) (*30 min.*)

Opioid Task Force- Minutes distributed to participating/interested members

7. ADJOURNMENT (11:00 a.m.)

NEXT MEETING:



Date: Wednesday, July 3, 2019

Location: Jefferson College's Arnold Campus, 1687 Missouri State Rd., Arnold (Lecture Hall,

Room 323)

Training Topic: "CASA" (Amy Baum)-TBD