



# J.C.D.P.C.

Jefferson County Drug Prevention Coalition

## MISSION STATEMENT

*"Motivating Jefferson County to change the culture of substance abuse acceptance."*

## VISION STATEMENT

*"Empowering our community to make substance abuse prevention a priority; celebrating healthy lifestyles."*

### **MEETING MINUTES: Wednesday, June 5, 2019**

**9:00 a.m. – 10:30 a.m. @ Jefferson College's Arnold Campus**

**Attendance:** Jillian Bissell, JCDPC/JCHD; Alicia Towery, JCDPC/JCHD; Laura Bilsland, COMTREA; Tom DiMaio, NA; Kathi Arbini, MO Network; Leah Woods, CenterPointe; Gary Dougherty, Community Member; Lisa Uzzle, St. Louis Integrated Network; JR Petersen, Edward Jones; Rebecca Mills, Mercy; Jamie McCarthy, Mercy; Shelia Hunt, CenterPointe; Kristin Bengtson, NCADA; Doreen Page, Finding Grace Ministries; Bryan Richison, City of Arnold; Jaclyn Brown, JCHD; John Bendick, CenterPointe; Art Hickman, CenterPointe; Lauren Fischer, Christian Family Services; Jessica May, Renewed Strength Ministries; Tracy Carney, Renewed Strength Ministries; Ashley Gamino, COMTREA; Sara Evancho, BJC School Outreach; Megan Steighorst, JCHD; Melody Quinn, St. Louis County PD; Clinton Smith, Community Member; Cynthia Weber, American Addiction Centers; Holli Gillam, Probation & Parole; Sedona Turner, Christian Family Services

1. OPENING (10 min.)
  - a. Call to Order
  - b. Welcome and Introductions
  - c. Approval of Minutes- **Motion: Kristin Bengtson, 2<sup>nd</sup>: Sara Evancho**
2. Acknowledgements/Accomplishments – **Thanks to Kathi Arbini (MO Network) for providing breakfast this morning; MO Network will be opening their treatment facility in Dittmer on August 1<sup>st</sup> (Sana Lake) & recently received award from MO Dept of Mental Health; Star Wars May 4<sup>th</sup> event was a success (Raised approximately \$3,700 and about 350 people attended); NA held their 10<sup>th</sup> Anniversary event**
3. TRAINING/GROUP DISCUSSION (20 minutes):

**Topic: "The Changing Pointe" (CenterPointe Hospital): The Changing Pointe is their residential arm. They have a continuum of care to try and meet the needs of individuals where they are in their recovery. It can start with detox and those that do are encouraged to continue care following detox. The 28-day treatment length is high encouraged but can do a 14-day residential treatment. There are 32 beds for residential. Dual diagnosis is also stressed and done at a different part of the hospital. After care and family services are offered. Aftercare is available to those who have completed a component of care and there is no cost to attend groups. The family services aspect offers family group and family meetings to help the strained relationships of those families of CenterPointe patients. MAT can be used. Free assessments.**

**The Stepping Stones program is for adolescents and can start as young as 12 years old and goes up to 17. Inpatient and outpatient are both offered in this program.**
4. Reports (15 min.)
  - a. Executive Board- **Lessons learned from May 4<sup>th</sup> event: Offer an attendance prize w/ raffle ticket to help track # of attendees, Schedule breaks at stations, consider activities that appeal to teens next year & keep event at First Baptist Church of Arnold; Planning for advocacy training in November**



- NEXT MEETING:**

**NEXT MEETING:**



**J.C.D.P.C.**  
Jefferson County Drug Prevention Coalition

Date: Wednesday, July 3, 2019

Location: **Jefferson College's Arnold Campus, 1687 Missouri State Rd., Arnold (Lecture Hall, Room 323)**

Training Topic: **"CASA" (Amy Baum)- TBD**