

MISSION STATEMENT

"Motivating Jefferson County to change the culture of substance abuse acceptance."

VISION STATEMENT

"Empowering our community to make substance abuse prevention a priority; celebrating healthy lifestyles."

MEETING MINUTES: Wednesday, November 7, 2018 from 9:00 a.m. – 10:30 a.m. @ Jefferson College's Arnold Campus

Attendance: Jillian Bissell (JCHD/JCDPC); Alicia Towery (JCHD/JCDPC); Kristin Bengtson, NCADA; Kristine Bogue, Jefferson College; Laura Bilsland, COMTREA; Tom DiMaio, NA; Lori Epley, Children's Division; Sharon Boyd, ProActive Chiropractic; Clinton Smith, Community Member; Jim Espie, Treatment Court; Stephanie Franklin, Rock Township; Chad Smith, Encounter Recovery Services; Beth Hudson, Encounter Recovery Services; Heather Craig, NCADA; Elizabeth Makulec, KUTO; Kevin Koch, Walgreens; Michael McIntosh, Pharmax; Jamie McCarthy, Mercy; JR Petersen, Community Member; Rachel Kryah, MIMH; Kim Schumacher, FOX School District; Gayle Beck, Fox School District; Sandy Davis, COMTREA; Gary Dougherty, City of Byrnes Mill; Katie Prendergast, COMTREA; Leah Woods, CenterPointe

- 1. OPENING (10 *min.*)
 - a. Call to Order
 - b. Welcome and Introductions
 - c. Approval of Minutes *Motion: Kristin Bengtson*, 2nd: Beth Hudson
- Acknowledgements/Accomplishments Jerry Williams has been promoted to Lieutenant of Road Division; Sgt Tony Dennis will now be JCDPC's main point of contact and will oversee JCSO's Narcotic's Unit; Rx Takeback on 10/27; Drop box installed and taking medications at Walgreens on Vogel; Trisha Stefanski elected JC's Prosecuting Attorney; The Health Department was awarded a capacity building grant for the JCDPC from Jefferson Foundation; Rock Township's Bond Passed; NA is hosting their 5th annual trivia night on 12/8
- 3. TRAINING/GROUP DISCUSSION (20 minutes):

Topic: "Encounter Recovery Services" (Beth Hudson) – Encounter Recovery services came together for two different reasons from two different people. Beth Hudson who has been fighting the battle against addiction that started with her brother passing from an overdose and her children have since struggled. Chad Smith is that other person who was a pastor for 16 years, radio and then got into a lifestyle that lead him to addiction. He was incarcerated and found himself and then found recovery. Chad sees this from the addict's point of view and Beth knows what it is like from the family/friend point of view to help people. Encounter is a 501C3 to aid those in addiction and recovery. Their resources include placement, recovery centers, pastoral counseling and meetings. They just got 5 people into recovery last week. They have recovery meetings every Monday and Wednesday nights that are a mixture of NA and AA. Second Tuesday and last Tuesdays are meetings for families who have a member dealing with addiction and recovery. Their task currently is to get people into sober living and are looking for a sober living house in the area. Contact info: Beth (314-650-4772 ers.bhudson@gmail.com) or Chad (314-338-1072 ers.csmith@gmail.com)

- 4. Reports (15 min.)
 - a. Executive Board- Next meeting in November to begin planning for May 4th fundraiser in Herculaneum



- **b.** Teen Advisory Board (TAB)/Jefferson Foundation: **Homecoming; YDEC, Working on recreating the PROM campaign**
- c. JCDPC/DFC Grant Closeout JC DEC (32 in attendance, variety of presentations, prevention panel & call to action items given); Have until the end of December to submit grant closeout documents; Trying to coordinate final details for installation of 2 sharps containers at JCHD- No feedback from members on flyer but suggested installing kiosks in Arnold and High Ridge; Prevention Conference at Lake Ozark (Alicia, Jillian, Amy James, Lauren Stone & Kristin Charlesworth will be attending on behalf of JCDPC- TA written by Kristin Bengtson and was approved to help cover costs); Stephanie w/Rock Township is motivated and has scheduled a meeting on 11/26 with Rock Township, JCDPC, SCCAD & NCADA to figure out how to bring similar initiatives in St Charles to Jefferson County; Amendment 2 for medical marijuana passed
- 5. IMPORTANT UPDATES (15 min.)
 - a. General Coalition COMTREA has increased providers for MAT
 - b. Partners Work groups
- 6. Work Group(s) (30 min.)

Topic:

- Opioid Taskforce
 - First formed in 2017 in response to the importance of having a community based task force to address the drug issue in Jefferson County.
 - Collaboration among agencies (JCDPC, COMTREA, JCHD & Mercy) formed when addressing the need for a PDMP at County Council meetings and wearing yellow t shirts to show unity
 - o Started strong but lost momentum due to scheduling conflicts.
 - Opioid Task Force Section added to JCHD website
 - Decided to avoid creating another meeting and integrate the conversation/efforts at the end of JCDPC's meetings
 - O What to do moving forward?
 - What would we like to see come from this?
 - Maybe focus on academia, those places education the doctors coming in
 - Educating more on alternative routes
 - Try to speed up the non-opioid pain drug (its years out)
 - Who should be a part of the conversation?
 - How often should we meet?
 - Suggested quarterly due to scheduling and what is already covered in the coalition meetings
- 7. ADJOURNMENT (10:30 a.m.)
- 10:30 11:00 Networking Opportunity offered at end of meeting

NEXT MEETING:



Date: Wednesday, December 5, 2018

Location: Jefferson College's Arnold Campus (Lecture Hall, Room 323) Parking is always best to go to the back of the building and go in that door (address: 1687 Missouri State Rd., Arnold, MO)

Training Topic: TBD

***JCDPC meeting in January will be held on Wednesday, January 9^{th} (Jefferson College is closed on January 2^{nd})**