



J.C.D.P.C.

Jefferson County Drug Prevention Coalition

MISSION STATEMENT

"Motivating Jefferson County to change the culture of substance abuse acceptance."

VISION STATEMENT

"Empowering our community to make substance abuse prevention a priority; celebrating healthy lifestyles."

MEETING MINUTES: Wednesday, December 5, 2018 from 9:00 a.m. – 10:30 a.m. @ Jefferson College's Arnold Campus

Attendance: Jillian Bissell (JCHD/JCDPC); Alicia Towery (JCHD/JCDPC); Kristin Bengtson, NCADA; Heather Craig, NCADA; Stephanie Franklin, Rock Township; Katie Prendergast, COMTREA; Leah Woods, CenterPointe; Jessica Boehm, Crisis Nursery; Katie Anderson, Crisis Nursery; Jeff Bogue, Probation and Parole; Kristine Bogue, Jefferson College; Tom DiMaio, Narcotics Anonymous; Laura Bilsland, COMTREA; Beth Deno, ACPD; Kathi Arbini, MO Network; Sara Evancho, BJC SOYD, JR Petersen, Community Member; Gary Dougherty, Byrnes Mill; Lori Epley, Children's Division; Lisa Uzzle, St. Louis Integrated Health Network; William Kennon, Mercy; Kim Earle, Mercy; Sandy Davis, COMTREA/Jefferson College

1. OPENING (10 min.)
 - a. Call to Order
 - b. Welcome and Introductions
 - c. Approval of Minutes ***Motion :Kristin Bengtson, 2nd: Kristine Bogue***
2. Acknowledgements/Accomplishments – ***JCDPC received an award for "2018 Milestone in Prevention" & Proclamation at Substance Use Prevention Conference; Rock Presbyterian Church (Linda Hardgrave is a member) gave a \$68 donation to JCDPC; Jamie and William attended a summit on medication safety and there will be some standardizations coming out for emergency departments amongst medical systems***

*****Event Sign Up Sheet: ACPD's Holiday Event (December 22nd) & CADCA Forum (February 3-7)***

3. TRAINING/GROUP DISCUSSION (20 minutes):

Topic: "SCCAD Meeting Updates & Narcan in the Field" (Rock Township – Stephanie Franklin) –

Stephanie is showing an overdose in the eyes of a paramedic (she has been an EMS for 38 years & paramedic since 1983). Narcan for lay people can be terrifying to the paramedics because they know how they are trained to deal with waking people after overdosing and are unsure if those administering know what can happen. Also the Narcan paramedics are using is a significantly lower dose than what lay people are using. Another alarming issue for paramedics and the public is that there is longer lasting oral and transdermal opioids that can outlast Narcan. Rock Township took a look at the trends of different drugs, and then looked at the trends of the antidotes they use for those drugs and those antidotes are no longer available for use by the paramedics due to different events. So what will happen with Narcan?

Stephanie and Rock Township need the help of the coalition members and bridging the gap of what can be done to help people who are overdosing on opioids/heroin/etc. They want to wake people from an overdose state in a better calmer way, and they don't want to have to fight them (because they can be combative). Here are skills: recognizing the signs (pinpoint pupils, unresponsive, drowsy nodding, decreased breathing, etc), what do I do? (call 911!- good Samaritan law, support with rescue breathing, Narcan-could need multiple doses), Why rescue breathing (brain injury occurs within 3-5 minutes of insufficient breathing).

4. Reports (15 min.)



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- a. Executive Board- ***Began planning for May 4th Fundraiser: VOLUNTEERS NEEDED!! January's JCDPC meeting we will break into groups (Stage Area, Food, Inflatables & Activities) during work group portion to begin figuring out details.***
 - b. Teen Advisory Board (TAB)/Jefferson Foundation: ***Funds received from Windsor and deposited in "Jefferson Foundation Youth Leadership & Development Grant" account; TAB Retreat in January; Will update PROM Campaign materials***
 - c. JCDPC/DFC Grant Closeout – ***Finalizing close out documents (due at end of December); Funds received from Windsor and deposited in "JCDPC Dedicated Funds" account; Looking for people to attend CADCA Forum in DC (February 3rd-7th) through Capacity Building Grant; Sharps kiosks delivered to Arnold & High Ridge Health Departments- NOT operating yet (email will be sent out when ready for community members to use)***
 5. IMPORTANT UPDATES (15 min.)
 - a. General Coalition – ***December 8th= NA's Annual Sweet Sweet Trivia;***
 - b. Partners – ***NCADA is having a legislative forum on February 8th and will have legislators in house to hear out what is going on in the communities and what groups are advocating for (please sign up via their website)***
 - c. Work groups
 6. Work Group(s) (30 min.)

Topic:

 - ***Opioid Taskforce (separate minutes were taken and distributed to Opioid Taskforce participants)***
 7. ADJOURNMENT (10:30 a.m.)
- 10:30 – 11:00 Networking Opportunity offered at end of meeting

NEXT MEETING:

Date: **Wednesday, January 9, 2018** – NOT THE FIRST WEDNESDAY

Location: **Jefferson College's Arnold Campus, 1687 Missouri State Rd., Arnold (Lecture Hall, Room 323)**

Training Topic: **"Rescue Breathing" (Stephanie Franklin- Rock Township Ambulance)**